

Lunch Menu



Served Monday - Friday - 11:00 am to 3:00 pm
Please choose from these lunch specials below or enjoy any item from our dinner menu.

LUNCH COMBINATIONS All combinations are served with rice and beans. Available with cheese, beef, chicken, shredded beef or beans. Add asada +3.99

#1 TWO TACOS 8.99

#2 ONE TAMALE & ONE TACO 9.99

#3 ONE ENCHILADA & ONE TACO 8.99

#4 ONE ENCHILADA & ONE BEAN TOSTADA 7.99

#5 BURRITO 9.99

#6 CHALUPA 10.99

Big crispy flour taco stuffed with chicken, beef or shredded beef, lettuce, tomato and cheese.

#7 CHILE RELLENO 10.99

Poblano pepper stuffed with cheese battered in egg, covered with sauce and melted cheese.

#8 CHIMICHANGA 10.99

With guacamole and sour cream. Try one grilled.

#9 TWO ENCHILADAS 9.99

#10 BURRITO JALISCO 11.99

Flour tortilla filled with rice, beans, and filled with your choice of meat covered with burrito sauce and melted cheese. Garnished with fresh lettuce, tomatoes and sour cream.

#11 TAQUITOS RANCHERO 10.99

Crispy corn tortilla stuffed with your choice of shredded beef or chicken. Garnish with lettuce, tomato, cheese, sour cream and guacamole.

TOSTADA 9.99

Your choice of beans, beef, chicken or picadillo. Add sour cream and guacamole +2.59

TACO SALAD 9.99

Your choice of bean, beef, chicken or picadillo. Add sour cream and guacamole +2.59



#12 TACOS AL CARBON 11.99

2 soft corn tortillas filled with your choice of steak, or chicken and pico de gallo with special sauce.

#13 FAJITA BURRITO (STEAK OR CHICKEN) 12.99

REALLY GOOD! Flour tortilla stuffed with sautéed onions, bell peppers, and your choice of steak or chicken. Topped with sauce and monterey jack cheese.

#14 ENCHILADA SONORA 9.99

2 corn tortillas stuffed with rice, beans and your choice of meat served with sour cream.

#15 COLORADO BURRITO 11.99

Flour tortilla stuffed with beef chunks, cooked in a tasty red chile sauce covered with monterey jack cheese.

#16 CHILE VERDE BURRITO 11.99

Flour tortilla stuffed with pork chunks, cooked with a light tomatillo sauce covered with monterey jack cheese.

BURRITO CAMPECHANO 13.99

Large flour tortilla filled with carne asada, chorizo, rice, beans, and topped with a creamy red sauce. Garnished with avocado slices.



Combinations



COMBINATIONS All combinations are served with rice and beans (refried or frijoles de la olla). Choose from ground beef, chicken, picadillo or cheese. Chimichangas with guacamole and sour cream.

Combinations 1, 2, & 3 Please choose different items for each combo selection; repeat items are not available

1. CHOOSE THREE ITEMS 17.99

Enchilada, taco, tostada, or tamale.

2. CHOOSE TWO ITEMS 17.99

Burrito, enchilada, chimichanga or grilled chimichanga, chile relleno, tamale, chalupa or tostada.



3. CHOOSE TWO ITEMS 13.99

Taco, enchilada, tostada, or tamale.

4. CHOOSE ONE ITEM 12.99

Chile relleno, chalupa, chimichanga or grilled chimi.

Make it DELUXE Add guacamole and sour cream +2.50

WARNING: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Idaho Food Code Advisory 3-700.02

Food Allergy Notice!

Food prepared here may contain these ingredients, even in small amounts: tomato, peanut, milk, eggs, wheat, soybeans, onions, garlic, shellfish, and gluten. Please alert staff of any allergies to avoid cross contamination.

While we take steps to minimize risk, we cannot guarantee that any menu item is 100% free of allergens.

Appetizers

NACHOS EL CAPORAL Sm 10.99 | Lg 12.99 🌶️

Our house Nachos are loaded with beans, guacamole, sour cream, jalapeños, tomatoes, onions, and cheddar cheese.

Add your choice of meat: Ground Beef Asada, Chicken, Picadillo or Adobada for 3.99

NACHOS CHEESE Sm 7.99 | Lg 10.99

Chips with cheddar cheese.

NACHOS BEEF Sm 8.99 | Lg 9.99

Ground beef with cheddar cheese, tomatoes and onions.

NACHOS PICADILLO Sm 8.99 | Lg 9.99

Shredded beef with cheddar cheese, tomatoes and onions.

NACHOS CHICKEN Sm 8.99 | Lg 10.99

Chicken with cheddar cheese, tomatoes and onions.

JALAPEÑO POPPERS 10.99

Bacon-wrapped jalapeños filled with cheese and served with a special sauce on the side.



EL CAPORAL VARIEDAD 15.99 🌶️

Combination of taquito, nachos, and quesadilla garnished with tomatoes, green onions, guacamole and sour cream. Add asada +9.99

TOSTADAS Choose from ceviche or shrimp. Market Price.

QUESADILLA 10.99

Flour tortillas stuffed with melted cheese, onions, tomatoes, and served with sour cream and guacamole.

Add asada, adobada or baby shrimp +3.99 Build to your taste with the following options, Chicken Ground Beef, Picadillo for 1.99

MEXICAN PIZZA 10.99

Deep fried flour tortilla topped with beans, beef, jack cheese, tomatoes, and green onions then garnished Mexican style.

Add chicken, beef or picadillo +1.99

TACOS SIERREÑOS 14.99

Tacos filled with beans garnished with a slice of mexican cheese. Served with potato chips, deep fried jalapeños and avocado slices.



NACHOS FAJITA STEAK OR CHICKEN Lg 15.99

NACHOS CHORIZO Sm 9.99 | Lg 10.99

Spicy ground pork with monterey jack cheese, tomatoes and onions.

NACHOS SHRIMP Sm. 10.99 | Lg 11.99

With monterey jack cheese, tomatoes and onions.

FAJITA QUESADILLA. 16.99 🌶️

Flour tortilla stuffed with melted cheese, with fajita steak or chicken, bell peppers, onions and tomatoes, served with sour cream and guacamole, beans and rice.



CRISPY CORN TAQUITOS 13.99

Corn tortilla filled with chicken or picadillo on a bed of lettuce. Topped with sourcream, pico de gallo and avocado slices. Sour cream on the side.

CHICKEN TAQUITOS 11.99

Crispy flour tortillas filled with chicken or picadillo with enchilada salsa on a bed of lettuce and garnished with tomatoes, sour cream and guacamole.

STEAK FRIES 13.99

Fries topped with steak, monterey jack cheese, tomatoes, onions, jalapeños, guacamole and sour cream.

CHEESE DIP 10.99

With green onions, tomatoes and jalapeño.

CHEESE CRISPY 7.99

Deep fried flour tortilla topped with melted cheese.

CHICKEN SOUP Cup 7.99 | Bowl 8.99

Made fresh to order. Shredded chicken in a zesty broth with rice, avocado, tortilla chips and fresh lime and cilantro.

CALAMARI 16.99

Breaded Calamari with special sauce.



17. **CARNE ASADA** 21.99 🌶️

Steak, charbroiled to your taste with grilled onions, served with rice and beans, pico de gallo and garnished with guacamole.
With Shrimp 29.99



18. **STEAK A LA CHICANA** 16.99

Top sirloin steak cut into strips, cooked with bell peppers, onions, mushrooms and tomatoes, then sautéed with a Mexican sauce. Served with rice and beans.

19. **T-BONE STEAK** 31.99

A flavorful marinated T-bone steak, charbroiled and served with rice, beans, and guacamole.

20. **NEW YORK STEAK & MEXICAN COMBINATION**

Steak charbroiled to your liking and served with chile relleno, rice and beans. 32.99

21. **CHILE VERDE** 15.99

Chunks of pork cooked with a light tomatillo sauce. Served with rice and beans.



PORK CARNITAS 15.99

With rice, beans and pico de gallo.

22. **CHILE COLORADO** 15.99

Chunks of beef cooked in a tasty red chile sauce. Served with rice and beans.

EL MOLCAJETE LOCO 29.99

Comes with steak, chicken and shrimp wrapped in bacon, cactus, fresh Mexican cheese, bell peppers and onion with our special sauce. Served with rice and beans and warm tortillas.



TBONE & LOBSTER 44.99 🌶️



STEAK CAPORAL 39.99 🌶️

14 oz. rib eye steak cooked to your liking and served with freshly cooked camarones caporal and sliced potatoes on the side.

23. **CARNITAS DE RES** 16.99

Top sirloin strips cooked with bell peppers, mushrooms, tomatoes and onions. Served with rice and beans and guacamole.

CIELO, MAR, Y TIERRA 29.99

Charbroiled steak, pollo asado, your choice of shrimp with rice, beans, guacamole, sour cream and pico de gallo.

24. **TACOS DE CARNE ASADA**

Adobada, fish, chicken, or shrimp topped with onions, and cilantro on a corn tortilla.

Not served with rice and beans

25. **THREE CHILES** 27.99

Chunks of pork cooked with tomatillo sauce, chunks of beef cooked with red chile and a chile relleno, served with beans and rice.



Fajitas



26. **STEAK OR CHICKEN OR SHRIMP** 19.99

All three together 28.99

Image: steak, chicken & shrimp fajitas

27. **FAJITA EL CAPORAL** 18.99

Prawns with onions, mushrooms, and bacon covered in melted Monterey jack cheese. Served with rice and beans.

28. **STEAK & CHICKEN COMBO** 19.99

29. **FAJITA SALAD** 16.99 🌶️

A steak, chicken or pollo asado in a deep-fried flour tortilla covered in beans, stuffed with lettuce and topped with a mix of sautéed onions, bell peppers and mushrooms. Garnished with slices of avocado and tomatoes. **Shrimp Fajita Salad 19.99**

30. **BURRO RANCHERO** 17.99

Steak, chicken or pollo asado in a flour tortilla stuffed with sautéed onions, bell peppers, rice and whole beans, topped with melted Monterey jack cheese served with rice, beans, guacamole and sour cream on the side. **Shrimp Burro Ranchero 19.99**

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Pollo



31. ARROZ CON POLLO 16.99

Boneless chicken breast sautéed in a special sauce with mushrooms, onions and tomatoes. Served over a bed of rice, topped with melted cheese.

32. EL MOLCAJETE 22.99

Chicken and steak cooked with bell peppers, onions and tomatoes with El Caporal sauce and topped with monterey jack cheese. Served with rice and beans.

33. POLLO MEXICAN 16.99

Boneless chicken with onions, mushrooms, tomatoes and bell peppers in a tasty sauce. With rice and beans.

34. POLLO EN MOLE 17.99

Boneless chicken mixed with onions and mushrooms in a sweet sauce with peanuts, ground cinnamon, cocoa and spices. Served with rice and beans.

35. POLLO CAPORAL 17.99

Tender chunks of chicken breast sautéed in butter with onions, mushrooms and tomatoes. Covered with a special sauce and served with rice and beans.

36. POLLO ASADO 18.99

Charcoal-broiled marinated chicken breast with sautéed onions on top. Served with your choice of chimichanga, enchilada or chile relleno and rice and beans.

37. POLLO CARNITAS 16.99

Chunks of chicken breast sautéed with bell peppers, tomatoes, mushrooms and onions. Served with rice and beans, and guacamole.

38. POLLO A LA PLANCHA 15.99

Lightly marinated 9 oz. chicken breast grilled with sautéed onions on top. Served with rice and beans.

POLLO A LA DIABLA 15.99

Chunks of chicken cooked in a red sauce with onions and mushrooms.

Ask For Chipotle Option. Spicy and Delicious!



MEXICAN FAVORITES

All these exciting Mexican Favorites are served with rice and beans (refried or frijoles de la olla). Your choice of ground beef, chicken or shredded beef.

39. TACOS COSTEÑOS 16.99

Three soft corn tortillas filled with your choice of pork, chicken or steak and pico de gallo. With melted cheddar cheese on top.

40. FLAUTAS 14.99

Crisp corn tortillas stuffed with your choice of shredded beef or chicken. Garnished with lettuce, tomatoes, parmesan, sour cream and guacamole.

41. TAQUITOS FLOUR RANCHEROS 14.99

Crisp flour tortillas stuffed with your choice of filling. Garnished with lettuce, tomato, cheese, sour cream and guacamole.

42. SOPITOS 15.99

Homemade corn maza shells filled with beans, your choice of meat, lettuce, cheese and tomato. Served with sour cream and guacamole.

Add asada +3.99



TACOS COSTEÑOS

QUESABIRRIAS! 19.99



Crispy, cheese-filled birria tacos paired with rich, savory broth (consomé) for dipping. Served with rice and consome fixings.

PARRILLADA CAPORAL 69.99

Enjoy this delicious combination of grilled steak, grilled shrimp, pork ribs, grilled chicken, shrimp, sausage, cactus, jalapeño pepper and cheese on top of bed of green and red bell peppers and onions. Served with rice, beans, and tortillas.

Seafood



43. CAMARONES RANCHEROS 19.99

Shrimp, sautéed with bell peppers, onions, mushrooms and carrots in a Mexican sauce.

44. CAMARONES "AL MOJO" 19.99

Delicious shrimp and mushrooms sautéed in butter, garlic and spices.

45. CAMARONES FILETE "COSTEÑO" 19.99

Sautéed prawns with bacon wrapping and monterey jack cheese. Served in a tasty red or mole sauce.



These specialties are served with rice and beans (refried or frijoles de la olla) and tortillas.

46. CAMARONES CABO BLANCO 19.99

Shrimp and onions sautéed in butter and wine served in a sauce with parmesan and monterey jack cheese.

47. ARROZ CON CAMARONES 19.99

(NOT SERVED WITH BEANS)

Delicious shrimp sautéed in a unique sauce with mushrooms, bell peppers, onions and carrots. Served over a bed of rice with melted cheese.

48. CAMARONES A LA DIABLA 19.99

Prawns cooked in a red sauce with onions and mushrooms.

Ask For Chipotle Option. Spicy and Delicious!

49. SHRIMP ENCHILADA One 10.99 | Two 14.99

Corn tortillas filled with baby shrimp, topped with choice of red or green sauce and monterey jack cheese. Garnished with sour cream, sliced avocado and tomato.

Seafood

These specialties are served with rice and beans (refried or frijoles de la olla) and tortillas.

50. CRAB ENCHILADA One 11.99 | Two 16.99

Corn tortillas filled with crab meat, topped with choice of red or green sauce and monterey jack cheese. Garnished with sour cream, sliced avocado and tomato.

MOLCAJETE SIETE MARES 28.99

Scallops, crab, mussels, octopus, crab, clams, three types of shrimp -cooked, baby shrimp, cooked in lime-, and cucaracha shrimp. Garnished with fresh avocado slices, tomato, cucumber and bathed with our special sacue.

51. CHIMICHANGA "JAROCHA" 16.99

A different chimichanga, filled with crab and shrimp in a delicious mixture. Garnished with sour cream and guacamole.

52. CAMARONES EL CAPORAL 18.99

Prawns sautéed in butter with onions and mushrooms. Served with a special sauce.

53. SHRIMP COCKTAIL OR CAMPECHANAS "

Not served with rice and beans. Market Price

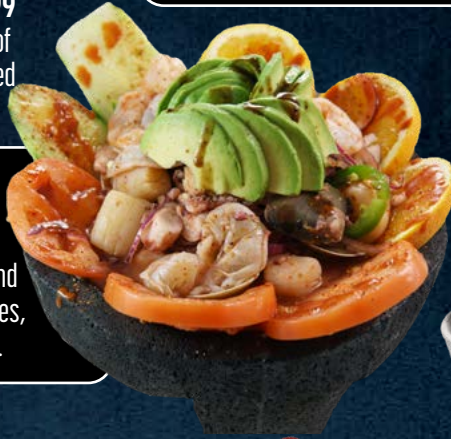
54. SIETE MARES 26.99

Seven seas hot soup, shrimp, octopus, fish, scallops, clams and crab legs. Not served with rice or beans.

COPA DEL REY



Fresh fish, shrimp ceviches, scallops, oysters, octopus, baby shrimp, cucaracha shrimp, cocktail shrimp, and tuna served in a Molcajete and in a glass bowl. Garnished with orange slices, cucumber slices and mixed in our Special Caporal seafood. Commodity Price



55. PESCADO 24.99



Deep fried tilapia fish prepared to your preference. Served with a salad and potatoes.

56. CALDO DE CAMARON 19.99

Hot shrimp soup with fresh vegetables. Not served with rice and beans.

57. TACOS DE PESCADO 15.99

Prepared in traditional Mexican manner, three tacos served in a soft corn tortilla, sliced avocado and pico de gallo.

TOSTADA DE ATUN 20.99

Fresh Tuna, mango, bell peppers, avocado and onions, marinated in fresh lime juice and Maggi sauce.

TACO EL GOBERNADOR 18.99



Three tacos, shrimp wrapped in bacon, lettuce, pico de gallo and special sauce with avocado, rice and beans.

PULPO ENAMORADO 21.99

Fresh octopus mixed with tomatoes, onion, cilantro, bell peppers and a creamy white sauce.

MOLCAJETE CEVICHE TRIO 29.99

Fresh seafood mix of ceviche, octopus, prawns, marinated with lime juice, cucumber, onions, tomatoes and cilantro.

BREADED SHRIMP OR FISH 25.99

With fries and salad.

Enchiladas



Add Asada to your enchiladas
One Enchilada 1.50
Two Enchiladas 2.99



Enchiladas are soft corn tortillas stuffed with your choice of chicken, ground beef, cheese or picadillo, rolled up and then covered with enchilada sauce and melted cheese. Served with rice and beans (refried or frijoles de la olla).

ONE ENCHILADA 10.99

TWO ENCHILADAS 13.99

Choice of fillings: cheese and onion, ground beef, chicken or picadillo.

Add asada +3.99

58. MOLE ENCHILADA One 10.99 | Two 13.99

Corn tortillas stuffed with tender chunk chicken, topped with a delicious sweet spicy Mexican sauce.

59. ENCHILADA RANCHERA One 10.99 | Two 14.99

Soft corn tortillas filled with chicken, picadillo, ground beef or cheese, topped with a special mixed sauce and melted cheese.

60. ENCHILADA VEGETARIAN

One 10.99 | Two 14.99

61. ENCHILADA SUIZA One 10.99 | Two 14.99

Corn tortillas stuffed with your choice of fillings, topped with a delicious green tomatillo sauce and melted cheddar cheese. Garnished with sour cream.

62. ENCHILADA SUNRISE One 10.99 | Two 14.99

Your favorite enchilada topped with eggs over easy.

ENCHILADAS MEXICANAS 15.99

Special red sauce garnish with lettuce, tomatoes, sour cream, and queso fresco. With Chicken, Ground Beef, Picadillo 13.99

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Burritos



Large flour tortilla rolled up and filled with your choice of meat topped with sauce and melted cheese. All burritos come with rice and beans.

70. EL CAPORAL BURRITO 14.99

Large flour tortilla with a chile relleno, rice and beans. Topped with spanish sauce and garnished with lettuce, tomatoes and cheese.

Add asada +2.99



BURRITO MIXTO 19.99

Large flour tortilla with carne asada, shrimp, mushrooms, bell peppers, onions, rice and beans. Topped with a delicious sauce and garnished with cheese, radishes and avocado slices.



Burritos 63-69 do not include lettuce, tomatoes and sour cream.

63. BEAN & BEEF BURRITO 11.99

64. BEEF BURRITO 12.99

65. PICADILLO BURRITO 12.99

66. CHILE COLORADO BURRITO 13.99

67. CHORIZO BURRITO 14.99

68. CHICKEN BURRITO 12.99

69. CHILE VERDE BURRITO 13.99

TACO SALAD 10.99

TRADITIONAL Served on a northern-style crispy shell topped with lettuce, tomato and cheese. Your choice of ground beef, chicken or picadillo with refried beans | Add sour cream and guacamole +2.99

VEGETARIAN 9.99

HUEVOS

Served with rice and beans (refried or frijoles de la olla). Flour or corn tortillas.

HUEVOS RANCHEROS 13.99

Three eggs over easy covered with sauce and melted cheese.

HUEVOS CON CHORIZO 14.99

Mexican sausage mixed with eggs

AMERICAN DISHES

HAMBURGER With French fries 10.99 With cheese +1.64

US GRADE CHOICE NEW YORK STEAK 25.99

Aged Choice 12oz New York Steak With salad & Fries.

POLLO BURGER 10.99

Chicken breast served with French fries.

SALAD 8.99

SIDE ORDERS

CHIMICHANGA 7.99

TACO 4.99

CHALUPA 7.99

TAMALE 5.99

BURRITO 9.99

CHILE RELLENO 7.99

CHEESE 2.99

BASKET OF CHIPS 6.99

(as only order)

ENCHILADA 5.99

RICE OR BEANS 3.99

TORTILLAS 1.99

SOUR CREAM 1.99

GUACAMOLE 2.99

SIDE FRIES 4.99

X- BASKET OF CHIPS 2.99

(after first free basket)

71. BURRO JALISCO 13.99

A super burrito! Flour tortilla filled with rice, beans, cheese and your choice of filling. Covered with burrito sauce and melted cheese. Garnished with fresh lettuce, tomato and sour cream.

Add asada +3.99

BURRITO CARNE ASADA 13.99

Asada chunks wrapped in a flour tortilla topped with sauce and cheese. Garnished with lettuce, guacamole and pico de gallo.

CHILD'S PLATE

Served with rice and beans.

For children 10 years or under.

HAMBURGER 5.99

CHOICE OF ENCHILADA,

TACO OR BURRITO 5.99

CHICKEN TENDERS 6.99

QUESADILLA 4.99

TOSTADAS 10.99

TRADITIONAL Crispy flat corn tortilla shell topped with refried beans, your choice of topping (ground beef, chicken or picadillo), lettuce, tomatoes, and cheese. For a crispy flour tortilla +.60 | Add baby shrimp +2.99

VEGETARIAN 9.99

SPECIALTY

HAMBURGER EL CAPORAL 12.99

Two beef patties, bacon, cheese, onions, tomatoes and avocado.

MENUDO 18.99

TORTA 11.99

Chicken, asada or abobada.

Drinks

SODAS

Soda (refillable)
Coffee or Tea
Juice
Iced Tea
Milk
Hot Cocoa

HOUSE WINE

Chablis
Chardonnay
Blush
Burgundy
Draught

BEER

American
Mexican
Draft

Desserts



Flan | Sopapillas | Churros
Fried Ice Cream

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Gratuity added to groups of 8+ people.