

Lunch Menu

Served Monday - Friday - 11:00 am to 3:00 pm
Please choose from these lunch specials below or enjoy any item from our dinner menu.

LUNCH COMBINATIONS All combinations are served with rice and beans. Available with cheese, beef, chicken, shredded beef or beans. Add **asada +2.00**

#1 TWO TACOS 8.99

#2 ONE TAMALES & ONE TACO 8.99

#3 ONE ENCHILADA & ONE TACO 8.99

#4 ONE ENCHILADA & ONE BEAN TOSTADA 7.99

#5 BURRITO 9.99

#6 CHALUPA 10.99

Big crispy flour taco stuffed with chicken, beef or shredded beef, lettuce, tomato and cheese.

#7 CHILE RELLENO 10.99

Poblano pepper stuffed with cheese battered in egg, covered with sauce and melted cheese.

#8 CHIMICHANGA 10.99

With guacamole and sour cream. Try one grilled.

#9 TWO ENCHILADAS 9.99

#10 BURRITO JALISCO 10.99

Flour tortilla filled with rice, beans, cheese, and filled with your choice of meat covered with burrito sauce and melted cheese. Garnished with fresh lettuce, tomatoes and sour cream.

#11 TAQUITOS RANCHERO 9.99

Crispy corn tortilla stuffed with your choice of shredded beef or chicken. Garnish with lettuce, tomato, parmesan cheese, sour cream and guacamole.

TOSTADA 8.99

Your choice of beans, beef, chicken or picadillo. Add sour cream and guacamole +2.59

TACO SALAD 7.99

Your choice of bean, beef, chicken or picadillo. Add sour cream and guacamole +2.59



#12 TACOS AL CARBON 10.99

2 soft corn tortillas filled with your choice of steak, or chicken and pico de gallo with special sauce.

#13 FAJITA BURRITO (STEAK OR CHICKEN) 12.99

REALLY GOOD! Flour tortilla stuffed with sautéed onions, bell peppers, and your choice of steak or chicken. Topped with sauce and monterey jack cheese.

#14 ENCHILADA SONORA 9.99

2 corn tortillas stuffed with rice, beans and your choice of meat served with sour cream.

#15 COLORADO BURRITO 10.99

Flour tortilla stuffed with beef chunks, cooked in a tasty red chile sauce covered with monterey jack cheese.

#16 CHILE VERDE BURRITO 10.99

Flour tortilla stuffed with pork chunks, cooked with a light tomatillo sauce covered with monterey jack cheese.

BURRITO CAMPECHANO 12.99

Large flour tortilla filled with carne asada, chorizo, rice and topped with a creamy red sauce. Garnished with avocado slices.



Combinations

COMBINATIONS All combinations are served with rice and beans (refried or frijoles de la olla). Choose from ground beef, chicken, picadillo or cheese. Chimichangas with guacamole and sour cream.

1. CHOOSE THREE ITEMS 15.99

Enchiladas, taco, tostada, or tamale.

2. CHOOSE TWO ITEMS 17.99

Burrito, enchilada, chimichanga or grilled chimichanga, chile relleno, tamale, chalupa or tostada.

3. CHOOSE TWO ITEMS 13.99

Taco, enchilada, tostada, or tamale.

4. CHOOSE ONE ITEM 12.99

Chile relleno, chalupa, chimichanga or grilled chimi.



Make it **DELUXE** Add guacamole and sour cream +2.50

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Appetizers

NACHOS EL CAPORAL Sm 10.99 | Lg 12.99

These house Nachos are topped with ground Beef, Beans, guacamole, sour cream, jalapeños, tomatoes, onions and cheddar cheese.

Your choice of Asada, Chicken Picadillo or Adobada for 3.99

NACHOS CHEESE Sm 7.99 | Lg 8.99

Chips with cheddar cheese.

NACHOS BEEF Sm 8.99 | Lg 9.99

Ground beef with cheddar cheese, tomatoes and onions.

NACHOS PICADILLO Sm 8.99 | Lg 9.99

Shredded beef with cheddar cheese, tomatoes and onions.

NACHOS CHICKEN Sm 8.99 | Lg 9.99

Chicken with cheddar cheese, tomatoes and onions.

JALAPEÑO POPPERS 10.99

Bacon-wrapped jalapeños filled with cheese and served with a special sauce on the side.



NACHOS FAJITA STEAK OR CHICKEN Lg 15.99

NACHOS CHORIZO Sm 9.99 | Lg 10.99

Spicy ground pork with monterey jack cheese, tomatoes and onions.

NACHOS SHRIMP Sm. 10.99 | Lg 11.99

With monterey jack cheese, tomatoes and onions.

FAJITA QUESADILLA. 16.99

Flour tortilla stuffed with melted cheese, with fajita steak or chicken, bell peppers, onions and tomatoes, served with sour cream and guacamole, beans and rice.



CRISPY CORN TAQUITOS 12.99

Corn tortilla filled with chicken or picadillo with enchilada salsa on a bed of lettuce. Topped with sourcream, pico de gallo and avocado slices. Sour cream on the side.

CHICKEN TAQUITOS 11.99

Crispy flour tortillas filled with chicken or picadillo with enchilada salsa on a bed of lettuce and garnished with tomatoes, sour cream and guacamole.

STEAK FRIES 13.99

Fries topped with steak, monterey jack cheese, tomatoes, onions, jalapeños, guacamole and sour cream.

CHEESE DIP 9.99

With green onions, tomatoes and jalapeño.



CHEESE CRISPY 7.99

Deep fried flour tortilla topped with melted cheese.

CHICKEN SOUP Cup 7.99 | Bowl 8.99

Made fresh to order. Shredded chicken in a zesty broth with rice, avocado, tortilla chips and fresh lime and cilantro.

CALAMARI 16.99

Breaded Calamari with special sauce.



EL CAPORAL VARIEDAD 14.99

Combination of taquito, nachos, and quesadilla garnished with tomatoes, green onions, guacamole and sour cream. Add asada +9.99

TOSTADAS 9.99

Choose from ceviche or shrimp.

QUESADILLA 9.99

Flour tortillas stuffed with melted cheese, onions, tomatoes, and served with sour cream and guacamole.

Add asada, adobada or baby shrimp +3.99 Build to your taste with the following options, Chicken Ground Beef, Picadillo for 1.99

MEXICAN PIZZA 10.99

Deep fried flour tortilla topped with beans, beef, jack cheese, tomatoes, and green onions then garnished Mexican style.

Add chicken, beef or picadillo +1.99

TACOS SIERREÑOS 12.99

Tacos filled with beans garnished with a slice of mexican cheese. Served with potato chips, deep fried jalapeños and avocado slices.



Carnes

All steaks are choice Angus Beef

17. CARNE ASADA 19.99

Steak, charbroiled to your taste with grilled onions, served with rice and beans, pico de gallo and garnished with guacamole. With Shrimp 26.99

18. STEAK A LA CHICANA 15.99

Top sirloin steak cut into strips, cooked with bell peppers, onions, mushrooms and tomatoes, then sautéed with a Mexican sauce. Served with rice and beans.

19. T-BONE STEAK 29.99

A flavorful marinated T-bone steak, charbroiled and served with rice, beans, and guacamole.

20. NEW YORK STEAK & MEXICAN COMBINATION

Steak charbroiled to your liking and served with chile relleno, rice and beans. 29.99



21. CHILE VERDE 14.99

Chunks of pork cooked with a light tomatillo sauce. Served with rice and beans.

22. CHILE COLORADO 14.99

Chunks of beef cooked in a tasty red chile sauce. Served with rice and beans.



23. CARNITAS DE RES 15.99

Top sirloin strips cooked with bell peppers, mushrooms, tomatoes and onions. Served with rice and beans and guacamole.



EL MOLCAJETE LOCO 25.99

Comes with steak, chicken and shrimp wrapped in bacon, cactus, fresh Mexican cheese, bell peppers and onion with our special sauce. Served with rice and beans and warm tortillas.

PORK CARNITAS 15.99

With rice, beans and pico de gallo.



STEAK CAPORAL 33.99

14 oz. rib eye steak cooked to your liking and served with freshly cooked camarones caporal and sliced potatoes on the side.

CIELO, MAR, Y TIERRA 25.99

Charbroiled steak, pollo asado, your choice of shrimp with rice, beans, guacamole, sour cream and pico de gallo.

24. TACOS DE CARNE ASADA

Adobada, fish, chicken, or shrimp topped with onions, and cilantro on a corn tortilla.

Not served with rice and beans

25. THREE CHILES 26.99

Chunks of pork cooked with tomatillo sauce, chunks of beef cooked with red chile and a chile relleno, served with beans and rice.

Fajitas



26. STEAK OR CHICKEN OR SHRIMP 18.99

All three 26.99

27. FAJITA EL CAPORAL 17.99

Prawns with onions, mushrooms, and bacon covered in melted Monterey jack cheese. Served with rice and beans.

28. STEAK & CHICKEN COMBO 18.99

29. FAJITA SALAD 14.99

A steak, chicken or pollo asado in a deep-fried flour tortilla covered in beans, stuffed with lettuce and topped with a mix of sautéed onions, bell peppers and mushrooms. Garnished with slices of avocado and tomatoes. **Shrimp Fajita Salad 15.99**

30. BURRO RANCHERO 16.99

Steak, chicken or pollo asado in a flour tortilla stuffed with sautéed onions, bell peppers, rice and whole beans, topped with melted Monterey jack cheese served with rice, beans, guacamole and sour cream on the side. **Shrimp Burro Ranchero 19.99**

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Pollo



31. ARROZ CON POLLO 15.99

Boneless chicken breast sautéed in a special sauce with mushrooms, onions and tomatoes. Served over a bed of rice, topped with melted cheese.

32. EL MOLCAJETE 21.99



Chicken and steak cooked with bell peppers, onions and tomatoes with El Caporal sauce and topped with monterey jack cheese. Served with rice and beans.

33. POLLO MEXICAN 15.99

Boneless chicken with onions, mushrooms, tomatoes and bell peppers in a tasty sauce. With rice and beans.

34. POLLO EN MOLE 16.99

Boneless chicken mixed with onions and mushrooms in a sweet sauce with peanuts, ground cinnamon, cocoa and spices. Served with rice and beans.

35. POLLO CAPORAL 16.99



Tender chunks of chicken breast sautéed in butter with onions, mushrooms and tomatoes. Covered with a special sauce and served with rice and beans.

36. POLLO ASADO 17.99

Charcoal-broiled marinated chicken breast with sautéed onions on top. Served with your choice of chimichanga, enchilada or chile relleno and rice and beans.

37. POLLO CARNITAS 15.99



Chunks of chicken breast sautéed with bell peppers, tomatoes, mushrooms and onions. Served with rice and beans, and guacamole.

38. POLLO A LA PLANCHA 14.99

Lightly marinated 9 oz. chicken breast grilled with sautéed onions on top. Served with rice and beans.

POLLO A LA DIABLA 15.99

Chunks of chicken cooked in a red sauce with onions and mushrooms.

Ask For Chipotle Option. Spicy and Delicious!



TACOS COSTEÑOS

MEXICAN FAVORITES

All these exciting Mexican Favorites are served with rice and beans (refried or frijoles de la olla). Your choice of ground beef, chicken or shredded beef.

39. TACOS COSTEÑOS 15.99



Three soft corn tortillas filled with your choice of pork, chicken or steak and pico de gallo. With melted cheddar cheese on top.

40. TAQUITOS RANCHEROS 13.99

Crisp corn tortillas stuffed with your choice of shredded beef or chicken. Garnished with lettuce, tomatoes, parmesan, sour cream and guacamole.

41. FLAUTAS 13.99

Crisp flour tortillas stuffed with your choice of filling. Garnished with lettuce, tomato, cheese, sour cream and guacamole.

42. SOPITOS 13.99

Homemade corn maza shells filled with beans, your choice of meat, lettuce, cheese and tomato. Served with sour cream and guacamole.

Add asada +2.99

Seafood



These specialties are served with rice and beans (refried or frijoles de la olla) and tortillas.

43. CAMARONES RANCHEROS 18.99

Shrimp, sautéed with bell peppers, onions, mushrooms and carrots in a Mexican sauce.

44. CAMARONES "AL MOJO" 18.99

Delicious shrimp and mushrooms sautéed in butter, garlic and spices.

45. CAMARONES FILETE "COSTEÑO" 18.99



Sautéed prawns with bacon wrapping and monterey jack cheese. Served in a tasty red or mole sauce.

46. CAMARONES CABO BLANCO 18.99

Shrimp and onions sautéed in butter and wine served in a sauce with parmesan and monterey jack cheese.

47. ARROZ CON CAMARONES 18.99

(NOT SERVED WITH BEANS)

Delicious shrimp sautéed in a unique sauce with mushrooms, bell peppers, onions and carrots. Served over a bed of rice with melted cheese.

48. CAMARONES A LA DIABLA 18.99



Prawns cooked in a red sauce with onions and mushrooms.

Ask For Chipotle Option. Spicy and Delicious!

49. SHRIMP ENCHILADA One 10.99 | Two 13.99

Corn tortillas filled with baby shrimp, topped with choice of red or green sauce and monterey jack cheese. Garnished with sour cream, sliced avocado and tomato.



Seafood

These specialties are served with rice and beans (refried or frijoles de la olla) and tortillas.

50. CRAB ENCHILADA One 10.99 | Two 14.99

Corn tortillas filled with crab meat, topped with choice of red or green sauce and monterey jack cheese. Garnished with sour cream, sliced avocado and tomato.

MOLCAJETE SIETE MARES 25.99

Scallops, shrimp, crab, octopus, clams, ceviche, shrimp and fish.

51. CHIMICHANGA "JAROCHA" 15.99

A different chimichanga, filled with crab and shrimp and carrots in a delicious mixture. Garnished with sour cream and guacamole.

52. CAMARONES EL CAPORAL 18.99

Prawns sautéed in butter with onions and mushrooms. Served with a special sauce.

53. SHRIMP COCKTAIL OR CAMPECHANAS "

Not served with rice and beans. Market Price

54. SIETE MARES 23.99

Seven seas hot soup, shrimp, octopus, fish, scallops, clams and crab legs. Not served with rice or beans.

55. PESCADO 19.99

Fillet or deep fried tilapia fish prepared to your preference. Comes with rice, beans and a salad.

56. CALDO DE CAMARON 16.99

Hot shrimp soup with fresh vegetables. Not served with rice and beans.

57. TACOS DE PESCADO 14.99

Prepared in traditional Mexican manner, three tacos served in a soft corn tortilla, sliced avocado and pico de gallo.

TOSTADA DE ATUN 20.99

Fresh Tuna, mango, bell peppers, avocado and onions, marinated in fresh lime juice and Maggi sauce.

TACO EL GOBERNADOR 17.99

Three tacos, shrimp wrapped in bacon, lettuce, pico de gallo and special sauce with avocado, rice and beans.

PULPO ENAMORADO 21.99

Fresh octopus mixed with tomatoes, onion, cilantro, bell peppers and a creamy white sauce.

MOLCAJETE CEVICHE TRIO 22.99

Fresh seafood mix of ceviche, octopus, prawns, marinated with lime juice, cucumber, onions, tomatoes and cilantro.

BREADED SHRIMP OR FISH 19.99

With fries and salad.

Enchiladas



Add Asada to your enchiladas
One Enchilada 1.50
Two Enchiladas 2.99



Enchiladas are soft corn tortillas stuffed with your choice of chicken, ground beef, cheese or picadillo, rolled up and then covered with enchilada sauce and melted cheese. Served with rice and beans (refried or frijoles de la olla).

ONE ENCHILADA 9.99

TWO ENCHILADAS 12.99

Choice of fillings: cheese and onion, ground beef, chicken or picadillo.

Add asada +2.00

58. MOLE ENCHILADA One 9.99 | Two 12.99

Corn tortillas stuffed with tender chunk chicken, topped with a delicious sweet spicy Mexican sauce.

59. ENCHILADA RANCHERA One 9.99 | Two 12.99

Soft corn tortillas filled with chicken, picadillo, ground beef or cheese, topped with a special mixed sauce and melted cheese.

60. ENCHILADA VEGETARIAN

One 9.99 | Two 12.99

61. ENCHILADA SUIZA One 9.99 | Two 12.99

Corn tortillas stuffed with your choice of fillings, topped with a delicious green tomatillo sauce and melted cheddar cheese. Garnished with sour cream.

62. ENCHILADA SUNRISE One 9.99 | Two 12.99

Your favorite enchilada topped with eggs over easy.

ENCHILADAS MEXICANAS 13.99

Special red sauce garnish with lettuce, tomatoes, sour cream, and queso fresco. With Chicken, Ground Beef, Picadillo 13.99

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Burritos

Large flour tortilla rolled up and filled with your choice of meat topped with sauce and melted cheese. All burritos come with rice and beans.



Burritos 63-69 do not include lettuce, tomatoes and sour cream.

63. BEAN & BEEF BURRITO 11.99

64. BEEF BURRITO 11.99

65. PICADILLO BURRITO 11.99

66. CHILE COLORADO BURRITO 12.99

67. CHORIZO BURRITO 12.99

68. CHICKEN BURRITO 11.99

69. CHILE VERDE BURRITO 12.99

71. BURRO JALISCO 12.99

A super burrito! Flour tortilla filled with rice, beans, cheese and your choice of filling. Covered with burrito sauce and melted cheese. Garnished with fresh lettuce, tomato and sour cream.

Add asada +2.99

BURRITO CARNE ASADA 13.99

Asada chunks wrapped in a flour tortilla topped with sauce and cheese. Garnished with lettuce, guacamole and pico de gallo.

70. EL CAPORAL BURRITO 14.99

Large flour tortilla with a chile relleno, rice and beans. Topped with spanish sauce and garnished with lettuce, tomatoes and cheese.

Add asada +2.99

TACO SALAD 10.99

TRADITIONAL Served on a northern-style crispy shell topped with lettuce, tomato and cheese. Your choice of ground beef, chicken or picadillo with refried beans | Add sour cream and guacamole +2.99

VEGETARIAN 9.99

HUEVOS

Served with rice and beans (refried or frijoles de la olla). Flour or corn tortillas.

HUEVOS RANCHEROS 11.99

Three eggs over easy covered with sauce and melted cheese.

HUEVOS CON CHORIZO 11.99 Mexican sausage mixed with eggs

AMERICAN DISHES

HAMBURGER With French fries 9.99 With cheese +1.64

US GRADE CHOICE NEW YORK STEAK 25.99

Aged Choice 12oz New York Steak With salad & Fries.

POLLO BURGER 10.99

Chicken breast served with French fries.

SALAD 4.99

SIDE ORDERS

CHIMICHANGA 7.99

TACO 3.99

CHALUPA 5.99

TAMALE 4.99

BURRITO 9.99

CHILE RELLENO 7.99

CHEESE 2.99

ENCHILADA 3.99

RICE OR BEANS 3.99

TORTILLAS 1.99

SOUR CREAM 1.99

GUACAMOLE 2.99

SIDE FRIES 4.99

X- BASKET OF CHIPS 2.99

CHILD'S PLATE

Served with rice and beans.

For children 12 years or under.

HAMBURGER 5.99

CHOICE OF ENCHILADA,

TACO OR BURRITO 5.99

CHICKEN TENDERS 6.99

QUESADILLA 4.99

TOSTADAS 8.99

TRADITIONAL Crispy flat corn tortilla shell topped with refried beans, your choice of topping (ground beef, chicken or picadillo), lettuce, tomatoes, and cheese. For a crispy flour tortilla +.60 | Add baby shrimp +2.99

VEGETARIAN 9.99

SPECIALTY

HAMBURGER EL CAPORAL 12.99 Two beef patties, bacon, cheese, onions, tomatoes and avocado.

MENUDO 18.99

TORTA 10.99 Chicken, asada or abobada.

Desserts



Flan | Sopapillas | Churros
Fried Ice Cream

Drinks

SODAS

Soda (refillable)

Coffee or Tea

Juice

Iced Tea

Milk

Hot Cocoa

HOUSE WINE

Chablis

Chardonnay

Blush

Burgundy

Draught

BEER

American

Mexican

Draft

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Gratuity added to groups of 8+ people.